



ITALIAN-AMERICAN CUISINE & PIZZA

5308 RINGGOLD RD | EAST RIDGE, TN 37412 | 423-668-8670
www.Fernandos.net

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for current Specials and Promotions
Check out our daily All-You-Can-EaT Soup, Salad, Pizza & HoT Food Buffet

DELIVERY VIA



DoorDash



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Grubhub

Check out our Catering menu at **EzCater** or give us a call **(423)668-8670**



MENU

BREAKFAST

These items are cooked to order. Consuming raw or undercooked meats, poultry, shellfish or eggs may increase your risk of food borne illness

BREAKFAST SANDWICHES

All Breakfast Sandwiches are served on white or wheat toast with home fries. Add lettuce or tomato for 59¢

FRIED OR SCRAMBLED EGG SANDWICH

With ham, bacon or sausage **6.50** **7.50**

WITH HAM, BACON, OR SAUSAGE **8.50**

BLT **8.50**

FROM THE GRIDDLE

Served with butter and syrup
Sugar-Free syrup available on request
Add strawberries & whipped cream **1.50**

BUTTERMILK PANCAKES

One Cake **1.79**
Two Cakes **2.69**
Three Cakes **3.69**

CHOCOLATE CHIP PANCAKES

Add strawberries with whipped cream for **1.59**
One Cake **1.99**
Two Cakes **3.50**
Three Cakes **4.50**

FRENCH TOAST

Half Order (2 slices) **4.99**
Full Order (3 slices) **6.50**

HOUSE SPECIALTIES

HOUSE BREAKFAST **11.99**

Three eggs with two strips of bacon, two sausages and two pancakes with home fries or grits

BISCUIT & GRAVY

One thick biscuit with gravy **2.99**
Two thick biscuits with gravy **3.99**

GRAND BREAKFAST **12.99**

Three eggs, bacon, sausage & ham, home fries or grits and your choice of two biscuits with gravy or two fruit-topped pancakes

MEAT & EGGS

Served with two eggs any style, home fries or grits and toast or one biscuit

10 OZ RIBEYE **16.99**

BAKED HAM **10.99**

COUNTRY FRIED STEAK **11.99**

GRILLED PORK CHOPS (2PC) **11.99**

FARM FRESH EGGS

Served with home fries or grits and toast or one biscuit. Add cheese for 79¢

ONE EGG, ANY STYLE **5.25**

WITH HAM, BACON, OR SAUSAGE **6.50**

TWO EGGS, ANY STYLE **6.25**

WITH HAM, BACON, OR SAUSAGE **7.50**

JUMBO BISCUITS

2PC BISCUITS **2.29**

EGG & CHEESE BISCUIT **1.79**

HAM, BACON OR SAUSAGE BISCUIT **1.25**

ADD CHEESE - 0.50 | ADD EGG - 0.50

OATMEAL & TOAST

PLAIN OATMEAL **4.25**

BROWN SUGAR & CINNAMON OATMEAL **4.99**

BREAKFAST SIDES

TOAST 2PC WHITE OR WHEAT **1.50**

BISCUIT **0.79**

2PC HAM, 4PC BACON, OR 2PC SAUSAGE **3.99**

GRITS **1.99**

GRAVY **1.99**

CORNERED BEEF HASH **5.50**

SLICED TOMATO **2.59**



MENU



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OMELETS

melettes served with home fries or grits and a biscuit or toast Additional vegetables 50¢ Additional Meats \$1 • Extra Egg 99¢

CHEESE 7.99

HAM, BACON, OR SAUSAGE 9.50
With Cheddar cheese

GARDEN 10.99
With broccoli, mushrooms, tomatoes, Cheddar cheese and onions .

WESTERN 11.99
With ham, Cheddar cheese, onions and green peppers

GREEK 10.99
With feta cheese, tomatoes and onions

FARMER'S BOY 12.99
A layer of scrambled eggs topped with sausage, mushrooms, onions, green peppers and cheddar cheese then topped with sausage gravy

BREAKFAST SPECIALS

#1 SPECIAL 9.99
Two eggs any style with two buttermilk pancakes, a half order of bacon and sausage and your choice of home fries or grits.

#2 SPECIAL 9.99
Two eggs any style, one biscuit with gravy, a half order of bacon and sausage and your choice of home fries or grits.

#3 SPECIAL 10.99
Two eggs any style and corned beef hash, served with home fries or grits and toast or biscuit

#4 SPECIAL 10.99
Two eggs any style with two chocolate chip pancakes, a half order of bacon or sausage and your choice of home fries or grits.

#5 SPECIAL 10.99
Two eggs any style with a half order of French toast, half order of bacon and half order of sausage and your choice of home fries or grits.

SKILLETS

Home fries topped with three eggs any style, meat, vegetables and cheddar cheese, served with toast or one biscuit

VEGETARIAN 9.50
Mushrooms, onions, tomatoes, green peppers

MEAT 10.50
Ham, sausage and bacon

WESTERN 10.50
Green peppers, ham and onions

HOUSE 10.99
Onions, green peppers, bacon, ham and sausage

BUILD YOUR OWN HOME FRIES 4.50
Add Veggies Onions, Green Peppers, Jalapenos, Tomatoes, Mushrooms \$.79 each

Add Meats or Cheeses Cheddar, Provolone, American, Bacon, Sausage, Ham \$.99 each

BEVERAGES

SOFT DRINKS 2.19
Coke | Sprite | Diet Coke | Coke Zero | Dr. Pepper Orange Fanta | Root Beer | Minute Maid Lemonade (Free refills for dine-in guests)

SWEET TEA/UNSWEETENED TEA 2.19
(Free refills for dine-in guests)

COFFEE 1.99
(Free refills for dine-in guests)

HOT TEA 2.25
(No free refills)

ASSORTED JUICES 2.75
Orange | Apple
(16 oz and no free refills)

MILK (2%) 1.75
(16 oz and no free refills)

CHOCOLATE MILK (2%) 2.25
(16 oz and no free refills)

HOT CHOCOLATE 2.50
(No free refills)



MENU

APPETIZERS

BREADSTICKS 4.50

Five homemade breadsticks with marinara sauce.

MOZZARELLA CHEESE STICKS 6.50

Battered and deep-fried to a crisp golden brown and served with marinara sauce.

CHICKEN FINGERS 7.99

Breaded and deep-fried strips of chicken served with marinara.

CORN NUGGETS 5.99

Sweet corn niblets battered and lightly fried.

CHEESY SPINACH DIP 9.99

A delicious blend of fresh spinach and cheese served with homemade breadsticks.

CHICKEN WINGS -HOT OR MILD 10 PIECES - 10.99, 25 PIECES - 25.99

Breaded and deep-fried chicken wings smothered in our own unique sauce. Served with ranch or bleu cheese dressing.

SIDE ORDERS

FETA CHEESE (4 PIECES) 3.29

PEPPERONICINI PEPPERS (6oz) 1.50

JALAPENO PEPPERS 1.50

KALAMATA OLIVES 1.50

TZATZIKI SAUCE 69¢

MARINARA OR MEAT SAUCE (6oz) 1.50

EXTRA DRESSING (2oz) 69¢ (6oz) 1.29

BAKED POTATO 1.89

CORNBREAD MUFFINS (2) 1.29

PITA BREAD 1.29

ROLLS (2) 1.29

BREADSTICKS (2) 1.29

SOUP & SALAD

Salads served with crackers or breadsticks.
Extra dressing 59¢ each

GREEK SALAD

Crisp lettuce with tomatoes, green peppers, onions, kalamata olives, pepperoncini peppers, cucumbers, feta cheese and our house dressing.

Half Salad 4.99, Full Salad 9.99
With Grilled or Fried Chicken Strips 12.99

CHEF SALAD 11.99

Crisp lettuce topped with cucumbers, tomatoes, carrots, ham, American and provolone cheeses and turkey.

Gyro Salad 12.99

Our classic Greek salad topped with beef and lamb gyro meat.

Tossed Salad Small 3.99, Large 7.99

Cucumbers, tomatoes, onions and carrots on a bed of crisp lettuce

Soup of the day Bowl 4.50 - Large 24oz 4.99

Soups served with cornbread or breadsticks

SOUP OF THE DAY

Monday Chili

Tuesday Vegetable

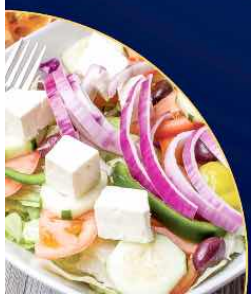
Wednesday Potato

Thursday Chicken Veggie

Friday Vegetable Beef

Saturday Potato

Sunday Chicken & Rice





MENU

BURGERS

½ LB HAMBURGER 9.50

ADD BACON 1.29

A lean beef patty topped with lettuce, tomato and onion.

½ LB CHEESEBURGER 10.50

ADD BACON 1.29

Our ½ lb hamburger topped with American cheese.

DOUBLE HOUSE CHEESEBURGER 12.99

1 lb fresh ground beef patty topped with grilled onions and mushrooms, lettuce and tomato on a toasted bun.

SANDWICHES SUBS & PITAS

All sandwiches, subs and pitas are served with French fries.

BLT 8.50

Crispy bacon, lettuce and tomato on Texas toast.

GRILLED CHEESE 7.50

American cheese grilled on white or wheat bread served with lettuce, tomato and onion.

HOT ITALIAN SUBMARINE 9.99

A combination of ham, salami, provolone, pepperoni, lettuce, tomato, onion and house dressing on a toasted submarine roll.

ITALIAN CHEESESTEAK 10.50

ADD PEPPERS OR MUSHROOMS .59

Tender slices of steak with sauteed onions served on a sub roll with melted provolone cheese. Add peppers or mushrooms.

CHICKEN PARMESAN HOAGIE 9.50

Breaded chicken fried and topped with marinara sauce and melted provolone cheese.

MEATBALL SUB 9.50

Homemade meatballs, marinara sauce, sauteed bell peppers and melted provolone cheese on a toasted submarine roll.

CLUB SANDWICH 10.50

ADD BACON FOR 1.00

Ham and turkey served on toasted white or wheat with lettuce, tomato, mayo and American cheese.

CHICKEN SOUVLAKI ON PITA 9.50

Marinated chicken grilled and wrapped in a pita with onions, tomatoes and green peppers and served with tzatziki sauce and house dressing.

GYRO ON PITA 9.99

Beef and lamb gyro cooked to perfection and served on pita with tomatoes, onions and tzatziki.

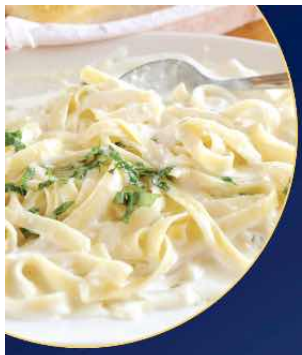
CHICKEN STRIPS ON PITA 9.50

Breaded and fried chicken strips topped with lettuce, tomatoes and tzatziki and house dressing.

STEAK ON PITA 10.50

Thinly sliced strips of tender cooked steak and sauteed onions topped with provolone cheese, lettuce, tomatoes and our house dressing.





MENU

STIR FRY

STIR FRY CHICKEN OR STEAK 12.99

Your choice of sauteed chicken or steak with stir fry vegetables served over rice

SHRIMP STIR FRY 14.99

Sauteed shrimp with stir fry vegetables served over rice

BEANS'N GREENS

A large bowl of pinto beans, turnip greens and sliced onions, served with homemade cornbread 6.50

PASTAS

Add mushrooms or meatballs \$1.79

Add grilled peppers, onions, or jalapeno peppers \$1.00

Substitute Alfredo Sauce for Marinara or Meat Sauce \$2.50

TORTELLINI FORMAGGIO 11.99

Your choice of beef- or cheese-stuffed tortellini pasta smothered in our homemade marinara or meat sauce and topped with melted mozzarella cheese

TORTELLINI ALLA PANNA 12.99

Your choice of tender beef- or cheese-stuffed tortellini pasta cooked in our classic alfredo sauce with chunks of ham, carrots and peas

LASAGNA 12.99

Layers of tender noodles, lean ground beef, homemade marinara sauce and a variety of cheeses all baked to perfection

CHEESE, BEEF OR COMBO RAVIOLI 11.50

Tender round pasta bites filled with seasoned beef or cheese, smothered in sauce and more melted cheese

FETTUCINE ALFREDO 9.99

WITH CHICKEN 12.99, WITH SHRIMP 14.99

Fresh fettucine pasta smothered in our homemade butter cream and cheese sauce.

CHICKEN PARMESAN 12.99

Breaded chicken breast fried and covered with sauce, topped with melted cheese and served with a side of spaghetti

EGGPLANT PARMESAN 12.99

Breaded eggplant slices fried and covered with marinara sauce, topped with melted cheese and served with a side of spaghetti

VEAL PARMESAN 14.99

Hand-breaded veal cutlet fried and smothered in marinara sauce and served with a side of spaghetti

SPAGHETTI 9.99

Tender spaghetti noodles topped with your choice of homemade marinara or meat sauce

HOUSE SPECIAL SPAGHETTI 12.99

Our classic spaghetti tossed with your choice of meat sauce or marinara and topped with peppers, onions, mushrooms and pepperoni then baked with mozzarella cheese

CANNELONI 11.99

Large tubular noodles stuffed with a mixture of ground beef and soft cheeses topped with meat sauce and melted cheese

MANICOTTI 11.99

Large noodles stuffed with a blend of cheeses and topped with marinara and melted cheese

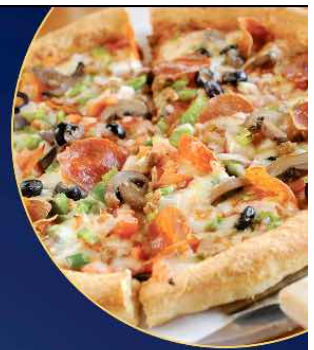
PIZZA RAVIOLI 11.99

Six jumbo beef or cheese stuffed ravioli topped with marinara or meat sauce, melted mozzarella cheese and pepperoni then baked to perfection

ITALIAN TRIO 17.99

An Italian-sized portion of our lasagna, manicotti and your choice of chicken or eggplant parmesan with a side of spaghetti.





MENU

PIZZA

Buy One, Get One Free Every Day! No Coupon Required!

Our pizzas are made with only the freshest ingredients, 100% real cheeses and daily homemade dough All pizzas are buy one get one free (of equal or lesser value)
No coupons valid with buy one, get one free pizza offer

	Small 10"	Medium 12"	Large 14"
CHEESE PIZZA	10.99	13.99	14.99
HOUSE SPECIAL Beef, pepperoni, ham, sausage, mushrooms, green peppers and onions	15.99	18.99	21.99
SPECIAL SUPREME Beef, sausage, pepperoni, mushrooms, onions, green peppers, tomatoes, black olives and feta cheese	16.99	19.99	23.99
VEGETARIAN Mushrooms, green olives, black olives, green peppers, onions and tomatoes	15.99	18.99	20.99
MEAT SPECIAL Beef, ham, sausage and pepperoni	14.99	16.99	19.99
HAWAIIAN Ham and pineapple	12.99	14.99	16.99
FLORENTINE Spinach, ricotta cheese and feta cheese	13.99	15.99	18.99
EXTRA TOPPINGS (EACH) Ham • Pepperoni • Beef • Sausage • Onions • Green Peppers • Spinach • Tomatoes • Green Olives Black Olives • Mushrooms • Pineapple • Feta • Jalapenos • Fresh Garlic.	1.25	1.75	2.25
EXTRA CHEESE	1.50	2.00	2.50

Only want 1 pizza ? All pizzas now available for single pricing. (1/2 off prices above)

CALZONES & STROMBOLIS

CHEESE Add extra toppings (see Pizza section) for .79 each Add extra cheese for 1.00	8.99	HOUSE SPECIAL Beef, sausage, pepperoni, ham, mushrooms, onions and green peppers	12.99
MEATBALL Homemade meatballs and bell peppers	10.50	STEAK Italian steak and onions	11.99
VEGETARIAN Mushrooms, black olives, green olives, onions, green peppers and tomatoes	10.50	CHICKEN FLORENTINE Spinach and chicken	11.99



MENU



GRECIAN SPECIALITIES

Served atop pita bread topped with diced tomatoes & onions and a Greek Salad. Choice of rice or French fries. The rest of that column is a repeat of the items under meat & veggies

GYRO PLATE 12.99

CHICKEN SOUVLAKI PLATE 12.99

MEAT & VEGGIE PLATES

Served with 2 sides. Add a 3rd side 1.50.
Choice of cornbread muffins, breadsticks, or rolls.

3 Vegetable Plate 8.50

4 Vegetable Plate 9.99

Grilled or Fried Chicken Livers 10.99

Meatloaf 9.99

Topped with marinara or brown gravy

Country Fried Steak 10.99

With brown or white gravy and onions

Fried Chicken Strips (4) 8.99

Grilled Catfish 11.99

Grilled Pork Chops (2) 12.99

Grilled Salmon 14.99

Grilled Chicken Breast 11.99

Grilled Shrimp (8) - 12.99 | (12) - 15.99

Chopped Steak 12.99

Hand-Breaded Fried Shrimp

(8) - 12.99 | (12) - 15.99

Baked Ham 10.99

10 oz. Ribeye 16.99

Fried Catfish 11.99

INDIVIDUAL SIDES 2.99

French Fries

Pinto Beans

Peaches

Cottage Cheese

Pickled Beets

Fried Okra

Turnip Greens

Pineapple

Rice Pilaf

Green Beans

Mac & Cheese

Potato Salad

Mashed Potatoes

Sliced Tomatoes

Stir Fry Veggies

Cup of Soup

Pudding

Pasta Salad

Cabbage

Steamed Broccoli

Cole Slaw

Fried Squash

Sweet Potato Casserole

Tossed Salad \$1 more

DESSERT

BANANA PUDDING 3.50

OREO DIRT CAKE 3.50

AMBROSIA FRUIT SALAD 3.50

COLOSSAL CHEESECAKE 7.99

7 LAYER SINFUL CHOCOLATE CAKE 7.99

TOWERING CARROT CAKE 7.99

ASSORTED LAYER CAKES 7.99

CHILDREN (ADULTS ADD \$2.00)

KID'S SPAGHETTI 6.50

With Marinara or Meat Sauce

KID'S LASAGNA 6.50

KID'S CHICKEN STRIPS 6.99

(2pc) with Fries

KID'S FETTUCCINE ALFREDO 6.99

WITH GRILLED CHICKEN 7.99

KID'S BEEF RAVIOLI 6.50

